



GULF SOUTH CONFERENCE

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For immediate release

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WEST ALABAMA SQUEAKS BY WITH MEN'S CROSS COUNTRY CHAMPIONSHIP

Birmingham, Ala.—West Alabama wins the 2014 Gulf South Conference Men's Cross Country Championship at Veteran's Park in Hoover, Ala. on Saturday.

West Alabama survives the threat of **Alabama Huntsville**, beating them by two points. West Alabama finished with a total time of 2:14:01.71 (55 points), and Alabama Huntsville ended the day with 2:13:54.50 (57 points). This marks the second closest finish in conference history since 1995 (West Georgia beat West Florida by one point). In third was **West Florida** with a total time of 2:15:40.78 (82 points). Following those teams include **Valdosta State** (2:16:48.68, 106 points), **West Georgia** (2:19:21.65, 154 points), **Union** (2:22:32.60, 155 points), **North Alabama** (2:19:55.65, 162 points), **Shorter** (2:19:26.55, 167 points) and **Christian Brothers** (2:23:05.87, 211 points).

Shorter freshman Silas Too receives both *All-GSC Runner of the Year* and *All-GSC Freshman of the Year* accolades, finishing with a time of 24:35.45. This marks the fastest time in conference history since 2004.

2014 All-GSC First Team		
TIME	NAME	SCHOOL
24:35.45	Silas Too	Shorter
25:59.85	Victor Onyaga	West Alabama
26:06.41	Myles Scarano	Alabama Huntsville
26:17.06	Jesse Prince	Valdosta State
26:21.11	Nick Merrett	West Florida
26:25.71	Jose Ortega	Alabama Huntsville
26:25.91	Jacob Whitney	Union
26:42.12	Will Donelson	Union
26:48.29	Zach Mosley	West Alabama
26:49.42	William Kazery	West Alabama

2014 All-GSC Second Team		
TIME	NAME	SCHOOL
26:51.98	Alex Gilliland	Alabama Huntsville
27:03.59	Nicholas Schofer	Valdosta State
27:04.67	Hillary Langat	West Alabama
27:06.17	Brandon Skeie	West Florida
27:09.20	Cody Haden	West Florida
27:11.81	Zack Hill	West Georgia
27:14.49	Joshua Jenkins	Shorter
27:15.05	Kenneth Richardson	Alabama Huntsville
27:15.35	Daniel Rush	Alabama Huntsville
27:16.67	William White	Valdosta State

2014 All-GSC Freshman Team		
TIME	NAME	SCHOOL
24:35.45	Silas Too	Shorter
25:59.85	Victor Onyaga	West Alabama
27:03.59	Nicholas Schofer	Valdosta State
27:04.67	Hillary Langat	West Alabama
27:11.81	Zack Hill	West Georgia